

# straddie day spa



Spa Care from the  
Australian Dreamtime



spa treatment menu

## **MASSAGE**

**KODO | 90 min \$165.00 | 60 min \$110.00 | 30 min \$70.00**

A rhythmic all over body massage, inspired by traditional Australian Aboriginal techniques which work to balance and re-align energy flow and relieve physical and emotional tension.

**RELAX | 90 min \$165.00 | 60 min \$110.00 | 30 min \$70.00**

A relaxation massage ideal to relieve stress and tension. Tailor made by your therapist to best suit your needs.

**HOT STONE | 60 min \$150.00**

A soothing and rhythmic massage incorporating hot stones to warm and relax the muscles, and therefore relieve tension and tightness.

**PAUDI SCALP, NECK AND SHOULDER | 30 min \$70**

A scalp, neck and should massage using indigenous techniques which will relieve tension from all the main stress areas, leaving you feeling relaxed and balanced all over. A warm wild peach hair mask is applied to nourish the hair and scalp.

## **WEDDINGS**

Designed to pamper and prepare the bride, groom and bridal parties, or for the honeymooners to relax, Straddie Day Spa can customize packages to suit your individual needs.

*We also offer Bridal make-up packages.*

## **WAXING**

Half Leg \$40.00  
Full Leg \$60.00  
Bikini \$25.00  
G-String \$35.00  
Brazilian \$60.00  
3/4 arm \$30.00  
Underarm \$15.00  
Chin/Lip \$15.00  
Eyebrow \$15.00

## **TINTING**

Eyebrow \$15.00  
Eyelash \$20.00  
Lash & Brow \$30.00

## **BODY**

**MALA MAYI MUD WRAP | 90 min-includes massage - \$200.00 | 60 min \$150.00**

Nourish, balance and unwind with this invigorating all over body treatment. Your body will choose through sight and smell which desert salts, essential oil blend and mineral rich ochres we will use. Once cocooned, the Paudi scalp massage with our wild peach hair mask will allow you to drift off before finishing off with an application of Cherry Alder body lotion. This treatment will leave your skin soft, silky and smooth.

**SAPPHIRE SEA WRAP | 90 min - includes massage - \$200.00 | 60 min \$150.00**

Feed your skin with this anti-ageing and rejuvenating all over body experience. You will be energized and renewed with our Ocean Dreaming oil blend and Native Mint sea salt before being cocooned in a vitamin packed Pearl and Kelp body mud. Let the tension and stress melt away with the Paudi scalp massage and wild peach hair mask, finishing with an application of Cherry Alder body lotion.

**SEA SALT BODY BUFF | 90 min - inc 60 min massage - \$200.00 | 60 min - includes 30 min massage - \$140.00 | 45 min \$90.00**

A refreshing, recharging and skin smoothing exfoliation using essential oils of Frangipani, Ylang Ylang and Lemon scented Tea Tree combined with our Native Mint sea salts to cleanse, purify and stimulate circulation, leaving you feeling revitalized. This treatment is finished with an application of Cherry Alder body lotion to leave your skin soft and dewy.

*book your treatment now at  
straddie day spa |  
t 07 3409 8188 ext. #215*

**OCEAN DREAMING SPA JOURNEY | 3 hours | \$360.00**

*Body exfoliation, mud wrap, massage, facial, hand and foot treatment, hair and scalp treatment.* This all over body indulgence is a spa treatment like no other. Beginning with the Jiga Jina foot bath, sensory journey and traditional smoking ritual, this treatment will reconnect the body, mind and soul from head to toe and from outside in. Your body will be cleansed, nourished and re-energized with potent plant extracts, earth ochres and desert salts, whilst embracing traditional Aboriginal healing techniques to nurture and heal.

**HANDS AND FEET**

**FOOTPRINTS IN THE SAND | 50 mins \$85.00**

*Foot soak, exfoliation, mask, massage, nail and cuticle, tidy, polish.*

Begin with a Jiga Jina foot bath using Australian native flowers and fruits, a desert salt exfoliation followed by a nourishing and stimulating Pepperberry mask and finish with a foot massage. Your feet will feel refreshed and alive.

**FOOTPRINTS IN THE SAND | 30 Mins \$60.00**

*Hot towel, moisturise, nail & cuticle tidy, polish.*

An express pedicure for those who are just needing a tidy and polish.

**POLAMA HANDS | 50mins \$85.00**

*Hand soak, exfoliation, mask, massage, nail and cuticle tidy, polish.*

An intensive nourishing and replenishing treatment for the hands. Beginning with a Jiga Polama soak using Australian native flowers and fruits your hands will be pampered with the nourishing ingredients of Tasmanian Kelp and Munthari Berry.

**POLAMA HANDS | 30 mins \$60.00**

*Hot towel, moisturize and massage, nail & cuticle tidy, polish.*

A mini manicure for those who are just needing a tidy and polish.

**SPRAY TAN | \$45.00 | with exfoliation \$75.00**

Our exclusive streak free blend with herbal extracts for a longer lasting tan. We recommend exfoliation before spray tanning for the best results.

**FACIAL**

**OCEAN RENEWAL | 60 mins \$120.00 | 45 min \$90.00**

*Cleanse, exfoliation, double mask, massage, scalp massage and hair mask, hand/foot massage.*

An anti-ageing facial, designed to revitalize, heal and strengthen the skin. Marine algae, bull kelp and crushed mother of pearl are integrated to deeply cleanse, nourish and renew the skin, whilst you relax with a Paudi scalp massage using a nourishing wild peach hair mask and your choice of a hand or foot massage.

**MIKIRI EARTH | 60 mins \$120.00 | 45 mins \$90.00**

*Cleanse, exfoliation, double mask, massage, scalp massage and hair mask, hand/foot massage.*

A deeply purifying treatment using herbal extracts from native Australian fruits, berries and clays. The powerful properties of wild rosella, lillypilly and desert lime will work to stimulate and eliminate toxins, hydrate and refresh the skin, whilst you drift away with a Paudi scalp massage, using a nourishing wild peach hair mask and your choice of a hand or foot massage.

**LOWANA | 75 min \$140.00**

*Facial, Hand and Foot Treatment*

This all-encompassing treatment combines the face, hands and feet for a deluxe pampering experience, recharging the body and enhancing all over equilibrium.

**straddie day spa**

# spa etiquette

straddie day spa | stradbroke island beach hotel |  
spa resort | east coast rd | pt lookout  
t 07 3409 8188 ext. #215  
e [dayspa@stradbrokehotel.com.au](mailto:dayspa@stradbrokehotel.com.au)

**Making an appointment** | It is important to make prior reservations so we can accommodate your schedule.

**Choosing treatments** | Our Spa Consultants will be happy to assist to ensure you choose treatments specifically suited to your special needs.

**Dual treatments** | We can offer dual treatments— we just need to be notified at the time of booking to allow room preparation for this.

**When you arrive** | We recommend that you arrive 15 min before your appointed time. This will allow introductions, for you to change and relax with a complimentary beverage.

**What if I cancel or change my appointment?** Out of consideration for all guests, a minimum of 12 working hours notice is required to cancel or reschedule. Cancellation or time change within this time will incur a 50% fee being charged. "No Show" appointments at full price of treatment booked. Public holidays a 10% surcharge applies.

**What to wear during treatments** | Wear casual attire. Maintaining your sense of dignity and wellbeing is of the utmost importance to us. If you wish to enjoy your treatment without clothing, our fully qualified therapists are trained to drape correctly to respect your comfort and privacy. Disposables are available.

**What if I am late for an appointment** | Arriving late will unfortunately limit the time allocated for your treatment; it will lesson the effectiveness and importantly your pleasure and enjoyment. As a courtesy to all our clients all treatments are completed to schedule.

**What if I have special health concerns** | Please inform your therapist of any health concerns that you may have when completing your treatment card. We do not treat anyone in their first trimester of pregnancy. Our fully qualified treatments are completed as scheduled.

**Payment of spa services** | The spa accepts cash, visa, MasterCard, and EFTPOS. | Resort guests may charge spa services to their room account.

**Gifts** | Gift items and certificates are available for all occasions, please ask your therapist or enquire at reception. A wonderful way to let someone know how special they are.

[www.stradbrokehotel.com.au](http://www.stradbrokehotel.com.au)